

September 2019 Breakfast Menu

Menu Subject to Change Without Notice

Las Animas School District RE-1

1/2 Pint Milk Available with Meals

	3	4	5	6
NO	Cold Cereal	Cheese Omelet	Cherry Strudel	Zucchini Bread
SCHOOL	Granola	Biscuit	Yogurt	Cheese Stick
	Grapes	Apple	Pineapple	Mixed Fruit
LABOR DAY	Milk	Milk	Milk	Milk
9	10	11	12	13
Cold Cereal	Mini Pancake	Biscuit	Apple Strudel	Banana Bread
Granola	Sausage Link	Egg Patty	Yogurt	Cheese Stick
Tropical Fruit	Strawberries	Apple	Banana	Cantaloupe Slice
Milk	Milk	Milk	Milk	
16	17	18	19	20
Cold Cereal	Bagel	Breakfast Pizza	Mini Pancake	Ham & Cheese Breakfast Bar
Granola	Cream Cheese	Yogurt	Ham Slice	Tri tater
Grapes	Peaches	Apple	Banana	Mixed Fruit
Milk	Milk	Milk	Milk	Milk
23	27	25	26	27
Cold Cereal	Biscuit	Banana Bread	Waffle	Apple Strudel
Granola	Sausage Gravy	Cheese Stick	Sausage Link	Yogurt
Tropical Fruit	Pineapple	Orange	Strawberries	Apple
Milk	Milk	Milk	Milk	Milk
30				
Cold Cereal			“This Institution is an	Whole Grains
Granola			Equal	Served With
Cantaloupe Slice			Opportunity	All Meals
Milk			Provider”	

September 2019 Lunch Menu

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1/2 Pint Milk and Salad Bar available with meals

	3	4	5	6
NO SCHOOL	Cheeseburger Bun	Bean & Cheese Burrito	Ham & cheese / Bun	Pizza
	Pickles/ Onions	Corn	Lettuce / Tomato	Tossed Salad
LABOR DAY	Oven Potatoes	Grapes	Carrots	Fresh Fruit
	Orange		Watermelon	
9	10	11	12	13
Salisbury Steak	Chicken Patty / Bun	Chile Chip Casserole	Teriyaki Chicken /Rice	Hoagie Sandwich
Mashed Potatoes	Lettuce / Tomato	Lettuce / Cheese	Carrots	Lettuce / Tomato
Dinner Roll	Oven Potatoes	Corn	Strawberries	Mixed Vegetables
Pears	Grapes	Peaches		Apple
16	17	18	19	20
Chicken Nuggets	Chef Salad w/ Ham	Chicken Fajitas / Tort	Deli Turkey, Cheese / Bun	Pizza
Oven Potatoes	Baked Potato	Pinto Beans	Lettuce / Tomato	Tossed Salad
Dinner Roll	Bread Stick	Pineapple / Mandarin Oranges	Green Peas	Fresh Fruit
Tropical Fruit	Orange		Grapes	
23	24	25	26	27
Mighty Rib / Bun	Crispy Beef Taco / Rounds	Chicken, Broccoli & Rice	Pasta Marinara w/ Beef	Hot Dog / Bun
Oven Tots	Lettuce / Cheese	Tossed Salad	Green Beans	Baked Beans
Orange	Corn	Grapes	Garlic Roll	Banana
	Apple		Peaches	
30				
BBQ Beef / Bun			“This Institution is an	Whole Grains
Oven Potatoes			Equal	Served With
Orange			Opportunity	All Meals
			Provider”	