

October 2019 Breakfast Menu

Menu Subject to Change Without Notice

Las Animas School District RE-1

1/2 Pint Milk Available with Meals

<p>“This Institution is an Equal Opportunity Provider”</p>	1	2	3	
	Muffin	Biscuit	Cinnamon Bagel	
	Cheese Stick	Egg Patty	Yogurt	
	Sliced Pears	Apple	Banana	
	Milk	Milk	Milk	
7	8	9	10	11
Cold Cereal	Cheese Pretzel	English Muffin	Mini Pancake	Breakfast Pizza
Animal Crackers	Ham Patty	Egg Patty	Sausage Link	Yogurt
Graapes	Apple	Peaches	Applesauce	Pineapple
Milk	Milk	Milk	Milk	Milk
14	15	16	17	
Cold Cereal	Biscuit	Banana Bread	Ham & Cheese Breakfast Bar	
Graham Crackers	Egg Omelet	Cheese Stick	Tri Tater	
Apple Slices	Tropical Fruit	Grapes	Apple	
Milk	Milk	Milk	Milk	
21	22	23	24	25
Cold Cereal	Cherry Strudel	French Toast Sticks	Zucchini Bread	English Muffin
Granola	Cheese Stick	Sausage link	Granola	Ham Patty
Mandarin Oranges	Mixed Fruit	Applesauce	Orange	Banana
Milk	Milk	Milk	Milk	Milk
28	29	30	31	
Cold Cereal	Biscuit	Breakfast Pizza	Waffle Bites	“Whole Grains
Animal Crackers	Sausage Patty	Yogurt	Sausage Link	Served With
Orange	Banana	Tropical Fruit	Strawberries	All Meals”
Milk	Milk	Milk	Milk	

October 2019 Lunch Menu

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1/2 Pint Milk and Salad Bar available with meals

	1	2	3	4
"This Institution is an Equal Opportunity Provider"	Bean Tostada / Rounds	Grilled Chicken Patty	Cheeseburger / Bun	
	Lettuce / Cheese	Carrots	Pickles / Onions	NO
	Corn	Dinner Roll	Oven Potatoes	SCHOOL
	Apple Crisp	Peaches	Apple	
7	8	9	10	11
Chicken Taco / Rounds	Beef & Cheddar / Bun	Chicken Quesadilla	Corn Dog	Meatball Sub / Bun
Lettuce / Cheese	Oven Potatoes	Tossed Salad	Baked Beans	Oven Tots
Corn	Grapes	Tropical Fruit	Strawberries	Apple
Orange				
14	15	16	17	18
Beef & Cheese Nachos	Mac & Cheese / Ham	Spaghetti w / Meat Sauce	Chicken Patty / Bun	
Pinto Beans	Green Peas	Tossed Salad	Lettuce / Tomato	NO
Orange	Dinner Roll	Garlic Roll	Oven Potatoes	SCHOOL
	Applesauce	Mixed Fruit	Banana	
21	22	23	24	25
Chicken N Gravy	Mighty Rib / Bun	Bean & Cheese Burrito	Bowl of Chile / Crackers	Chicken Egg Roll
Mashed Potatoes	Oven Potatoes	Tossed Salad	Veggie Sticks	Fried Rice
Dinner Roll	Pineapple	Grapes	Peaches	Strawberries
Apple			Cinnamon Rolls	
28	29	30	31	
Beef Fajitas / Tort	Teriyaki Chicken / Rice	Chile Chip Casserole	Hot Dog / Bun	"Whole Grains Served With All Meals"
Sliced Carrots	Mixed Vegetables	Lettuce / Cheese	Baked Beans	
Grapes	Mandarin Oranges	Corn	Sliced Peaches	
		Apple	Whole Grain Cookie	